

# HeartBeat

*Palm Sunday*  
*March 25, 2018*

Church of the Holy Family (Anglican), Heart Lake, Brampton



Dear Friends,

Today, Palm Sunday, we begin Holy Week and approach the end of our Lenten journey, which was to prepare us to enter into the Paschal mystery of Christ's passion, death, and resurrection.



If the season of Lent is characterized by silence, and simplicity, a stripping down of ourselves through prayer, fasting, and almsgiving, and a similar paring down of our liturgy, then Holy Week comes at us with a furious, dramatic intensity.

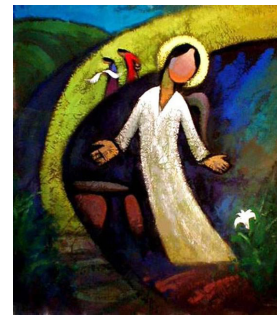
In a mere eight days, worshippers experience a procession with palms, a foot-washing ceremony, a Gethsemane Vigil, two communal readings of the Passion, a solemn intercession, prayers of petition and adoration before the cross, a Paschal candle lighting, a reading of the grand sweep of salvation history, the renewal of baptismal vows, the joyous singing of the Gloria and the shouting of Alleluia! Christ is Risen!

Former Archbishop of Canterbury Rowan Williams states, "Holy Week really is the most important week in the Christian year because it is a week when we discover, in a way we don't at any other time, just



who we are and just who God is." Rowan Williams, 2008 YouTube

The liturgies of Holy Week immerse us in this mystery. We find ourselves shouting both "Hosanna!" and "Crucify him!" As the altar is stripped Maundy Thursday and we kneel at the foot of the cross on Good Friday our humanity is also stripped bare. We see the arms of Christ extend outwards, embracing humanity and indeed all creation. As we sing the Gloria and ring the bells, as we approach the empty tomb with the women, we see the Risen Christ, offering us light for our darkness, healing for our wounds, joy for our despair, life for our death.



"Alleluia! Christ is Risen! The Lord is Risen indeed!" So begins our 50 day celebration of Easter.

I leave you with a few verses from the hymn, "Truly, He Comes to Us" written by the 12th century philosopher and theologian Peter Abelard:

Truly he comes to us, darkness is ended; now, night is over, his light is ascended:

Ultimate sunrise, that floods all creation, bringing his secret from death's desolation.

Night has made way for the great proclamation; morning has broken, with songs of elation.

Christ comes in light from the depths of his prison, Death is abandoned, and Jesus is risen.

Holy Week and Easter Blessings,

*Rev. Julie +*



## Holy Week Services 2018

**WEDNESDAY, MARCH 28** Holy Eucharist  
at 7:30 PM

**THURSDAY, MARCH 29** Agape Meal  
at 6:00 PM  
Choral Eucharist with  
Washing of Feet,  
Stripping of the Altar and  
Gethsemane Vigil  
at 7:30 PM

**FRIDAY, MARCH 30** The Celebration of the  
Lord's Passion  
Homilist: Bishop Jenny Andison  
at 10:00 AM

**SATURDAY, MARCH 31** The Great Vigil of  
Easter at 9:00 PM  
followed by a Resurrection Party

**SUNDAY, APRIL 1** Choral Eucharist  
at 10:00 AM



*Let us purify our sense, and in the unapproachable light of the Resurrection, we shall see Christ shining forth, and we shall clearly him saying, "Rejoice!" John of Damascus 676 – 749 Paschal Canon*

## "Do we have good news to share?"

"Yes we do!" came the reply at the dismissal the last couple of weeks. There are many ways we can do this:

- communications,
- greeting newcomers
- knowing the community
- and much more ....

Would you be willing to take part in a small group focused on mission?

Bishop Jenny has asked Holy Family to be part of a 6-parish coaching project on this very subject.

There will only be two meetings in April plus a Saturday workshop on May 12 where we meet with the other churches.

**Speak to Rev. Julie if you're interested.**

## Some memories of Holy Family's celebration of Black History Month



On the first Sunday of Black History Month, we celebrate our diversity with a parade of the flags from over 20 countries, representing the cultural backgrounds of our parish members.



What would Black History Month be without the mouth-watering delicacies of the various countries represented in our congregation?



The Steel Pan sound of Kwesi brought the rhythm and the joy of the Caribbean to our celebrations.



Our services were enriched the songs of Dione Rochester and the spoken word of Alystal Hamilton.



Our own Dwight Thomas delivered one of the homilies



Pat Fisher tells the children (and the congregation) about the altar frontal she made entitled "Freedom in Christ."

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# Celebrating Black History Month 2018 at Holy Family

by Joy Forrester

Black History month 2018 can once again be marked as another glorious celebration of African heritage in our Holy Family community. We are blessed to have committed members dedicated to ensuring we embrace this opportunity to bring awareness to one of the diversities that strengthen our congregation.

The parade of flags from our various countries on the first Sunday of our celebration not only demonstrates pride in our cultural heritage but the flags also stand as symbols of the common elements we share as people of African descent. If you reflect, for a moment, on the design on all the flags, you will notice a repetitive theme of colors tying the majority, if not, all the Afro-Caribbean countries together. What is the message here? Loud and clear! We are connected. We may be from different countries but like the tapestry of a beautiful carpet, we are individual woven threads sharing a backing of similar experiences that bond us together. We are in fact, God's masterpiece, no matter our race or cultural backgrounds.

## WILDERNESS FAITH IN STRUGGLES

Sadly, it has been proven that people of African descent are rarely seen as God's masterpiece. They are often disrespected and their contributions to society undervalued. Historically, racism, racial discrimination, xenophobia and related intolerance are often faced by people of African descent. Brother

Reginald-Martin Crenshaw said in his February 18th homily, "Blacks are wilderness faith people." We have faced a myriad of oppressions in all forms.

Our wilderness experience is synonymous with those of our Lord, Jesus Christ. "Our bad times drive us to deal with struggles, testing and temptation." Stories are told right here in Ontario of how being black determines how you are treated by your neighbors, your boss, your school and even by the police (see the Globe & Mail article – "The double standard of driving while black-in Canada).



As a community of faith, we should be proud of our togetherness in celebrating Black History Month. Showcasing our African cultural heritage, our excellence in sports, music and the arts draw attention to our accomplishments as a race, however, we also need to do our part to combat anti-black racism in

*continued on page 5*

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## The 23rd Annual Celebration of The Black Heritage of our Church.

by Rev. Judy Allen

The 23rd Annual Celebration of the Black Heritage of our Church was held on Sunday February 25th, 2018 at St Paul's Bloor Street in Toronto. This year's theme was **A Spirit of Thanksgiving: Joyful Praise.**

The Most Reverend Colin Johnson was the homilist, with words that were insightful and inspirational. The Right Reverend Peter Fenty, Area Bishop of York- Simcoe officiated.

The Service was truly one of thanksgiving and praise. Every voice was lifted in joyful singing, a sense of pride and harmony was evident, very uplifting. It was well attended by people from the many parishes.

Some of the participants were St Paul's Steel Orchestra; drummers; the Diocesan combined choir; the Caribbean Dance Theatre; an amazing trumpeter; a Beatbox Poet; and a soloist.

Presentations of Thanksgiving were made to Archbishop Colin Johnson, and Jamie Barrow, Organist/Choir Director.

Congratulations were expressed to Father Jerome Khelawan on his upcoming retirement on May 20th, 2018 after 33 years of service at St Hugh and St Edmund Anglican Church.

*continued from page 4*

our society. “We have to move from a sentimental multicultural identity,” said, Brother Crenshaw, and make Black History Month also about a fight against anti-black racism. “Part of the reason to celebrate Black History Month,” said Brother Crenshaw, “is to remember how to work together so that the past brutal oppressions and injustices faced by black people in Canada do not happen again.”

The UN General Assembly proclaimed 2015-2024 as the International Decade for People of African Black Descent, races citing the need to strengthen national, regional and international cooperation in relation to the full enjoyment of economic, social, cultural, civil and political rights by people of African descent, and their full and equal participation in all aspects of society.

As proclaimed by the General Assembly, the theme for the International Decade is “People of African descent: recognition, justice and development.”

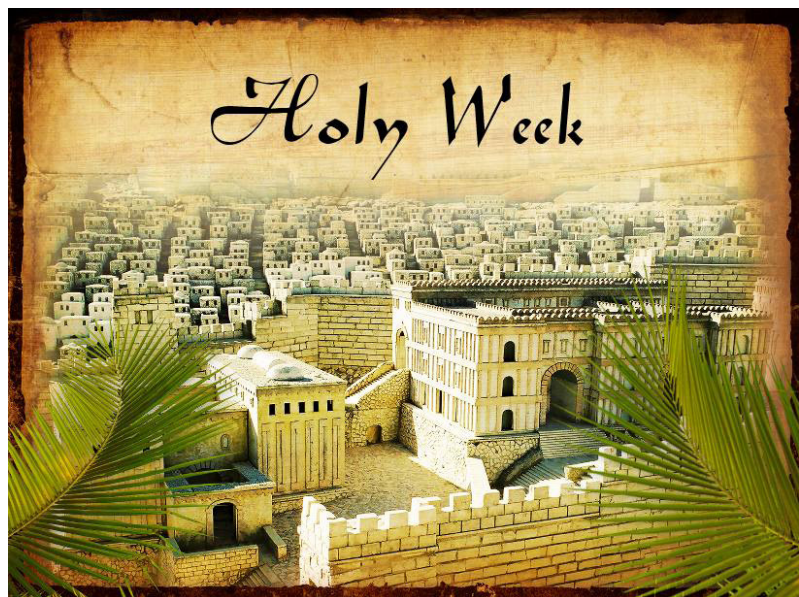
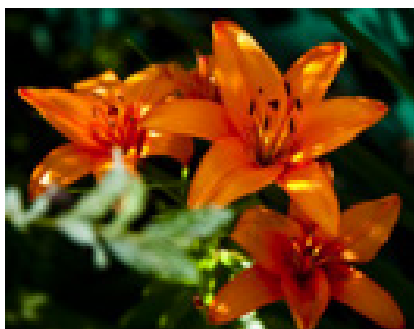
The main objectives of the International Decade are as follows:

- Promote respect, protection and fulfilment of all human rights and fundamental freedoms by people of African Descent
- Promote a greater knowledge of and respect for the diverse heritage, culture and contribution of people of African descent to the development of societies;
- Adopt and strengthen national, regional and international legal frameworks according to

the Durban Declaration and Programmed of Action and the International Convention on the Elimination of All Forms of Racial Discrimination and to ensure their full and effective implementation.

By way of this proclamation, we are all called to take concrete and practical steps to do our part, to raise awareness and combat racism and honor and preserve the historical memory of people of African descent. As per the aside, Our Holy Family community is already making steps to preserve the history of people of African descent as demonstrated by the pictures of our Black History Month celebrations.

Our congregation is a unique representation of how all people of European, non-European and African descent are able to come together and participate as one family in the life of our community. This is also evident by the work of our Church Wardens, Choir and Altar Guild. Reverend Pierson Shaw during his time at Holy Family made a flattering observation “it works here, but it would not work where I come from.” We are indeed making great strides as followers of Christ, however, moving forward, what more can we do individually or as a community to make a difference and support the 2015-2024 International Decade for People of African Black Descent and put an end to anti-black racism? How can we contribute in making our society, our world reflective of God’s Law? “So always treat others as you would like them to treat you; that is the meaning of the Law and the Prophets,” Matthew 7.12



## Welcome Sharon!



Meet Sharon Doucette, our new Parish Administrator. Sharon has been married to Howard for 26 years and they are parents to Jonathan (23), Emily (21), Alexander (19), James (17) and Lena the Diva Dog.

When she isn't working at Holy Family, Sharon enjoys volunteering with the Air Cadet League of Canada as a Squadron Director. She currently oversees two squadrons in Mississauga and one in Mimico. This summer will be a busy one as her oldest son is getting married at the end of June and her youngest son is competing as a Piper in ten Highland Games across Ontario.

## A Sad Farewell

We recently said farewell to Sylvia Cloete, mother of Louise O'Connor, who passed away at the age of 92. Born in South Africa, she spent many years in Canada. She will be missed by family and her friends at Holy Family. A Celebration of Life Service will be held on Saturday, April 7, 2018 at 10:30 a.m. at St. Joseph of Nazareth Church, 290 Balmoral Dr., Brampton.



## Screening in Faith

*by Dawn Soward*

*Holy Family's Screening in Faith Coordinator*

The Responsible Ministry: Screening in Faith initiative was launched in February, 2003 to help parishes ensure their places of ministry were safe and healthy, especially for vulnerable children and adults who come to them in trust. It is the means by which the Diocese responds to our call to offer our best to those we serve.

It is necessary, therefore, that we discern gifts and determine a person's suitability to a ministry position.

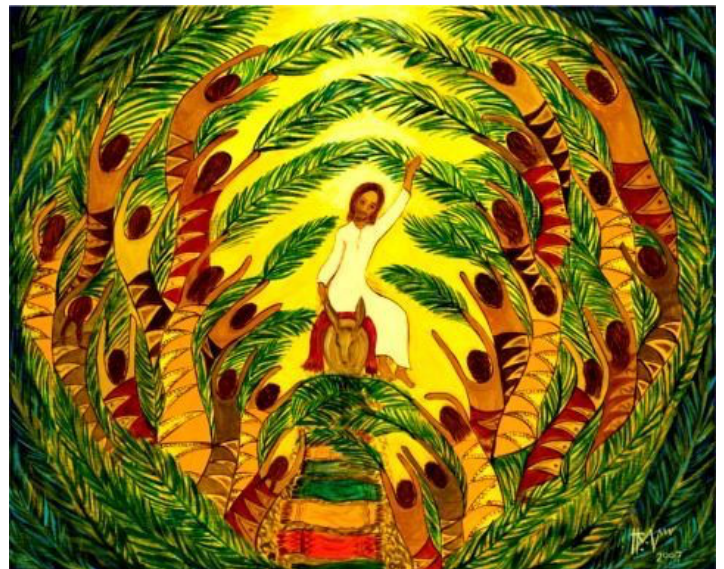
The Diocese is abundantly blessed with gifted and committed clergy, employees and volunteers who offer their talents in full recognition of their obligations. In fact, the church could not operate without the work of thousands of individuals throughout the Diocese who exercise a variety of ministries to persons within the church community and beyond.

It is critical, therefore, to ensure that those we place in positions of power and trust be selected, trained and supported so that their ministry may be life-giving. In this way our Christian values are consistent with the legal concept of "duty of care." Duty of care arises out of legal doctrines dealing with negligence. Everyone has a general obligation to conduct themselves in a

manner which does not cause damage to other people or their property. The duty of care is most obvious where a relationship of dependence exists.

Faith flourishes when all people know that church leaders, ordained and lay, can be trusted.

In accordance with a resolution adopted by the January 16, 2003 meeting of the Diocesan Council, compliance with this policy is mandatory.



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## Bishop Jenny's Town Hall

*by Paddy Ann McHaffie*

On February 20, Reverend Julie, Deacon Judy Allen, with 11 other Holy Family parishioners attended a "town hall" meeting called by Bishop Jenny at St. James the Apostle Church, Brampton. All six Anglican parishes in Brampton were well represented and participated in worship, discussion groups, and listening to various presentations.

Discussion focused around two questions having to do with community changes, ways in which these affect our congregations and how we perceive God's will with respect to our response to these changes.

A summary report, based upon these discussions will be prepared and circulated.



For the most part, feedback from the groups was positive and challenging, with some parishes identifying problems with which they are struggling

Dave Toyce, former president of World Vision Canada, described his mission, past and present. He indicated his intention to recruit a Brampton committee to move forward with his objectives.

Thanks to Saint James the Apostle for their hospitality on this occasion.

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### Cricket anyone?

Everybody welcome — come and play (or support) our team at Holy Family's Annual Cricket Game —  
Saturday, June 23, 2018 — 9:00 AM - 4:30 PM  
Creditview Sports Field — 10530 Creditview Road (Sandalwood Pkwy W. and Creditview Rd)  
Teams: Holy Family, St Thomas and St Peters, Erindale.

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### Gaudete and Laetare



On two Sundays a year, the Fourth in Lent and the Third in Advent, the church uses rose-coloured burse, veil and paraments (altar frontals and lectern/pulpit hangings) and for priests' stoles. This symbolizes periods of celebration in the middle of the sombre season of Lent and the future-oriented season of Advent. The days are known from the first words of the Latin Introit for the day: Gaudete Sunday and Laetare Sunday.

This past Laetare Sunday (March 11), while Rev. Julie was away, saw the first use, by Fr. Paul Walker, of Holy Family's new rose coloured stole and paramens, made in South Africa, and presented in memory of Sylvia Cloete and Kristen Robinson.

We look forward to Advent when, on Gaudete Sunday, we will see the Altar in pink again with Rev. Julie wearing the rose-coloured stole.

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## Youth Update

by Rev. Vinaya Dumpala

Our youth groups from St. Joseph of Nazareth and the Holy Family had a great beginning this winter.

As part of their ongoing recreational activities, our youth groups went on a field trip to Chinguacousy Park for Curling. Although the weather conditions, were far from ideal, nearly twenty youth showed up on time. In the coming months, we plan to take them to many other events in the downtown area in addition to a diocesan retreat!

The Emmaus Bible Study has progressed well with two new sessions in recent months.

The guitar workshop is now in development and many youth are showing a keen interest in joining. The branding initiative is in process and our youth groups will be finalizing a name soon.

The Holy Family youth group meet on a Sunday once a month and attendance has been overwhelming. The Table Tennis coaching has already begun for both groups and we hope to have a mini competition soon. I once again thank parents for their time and effort in helping our youth participate in these events.

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## Our 2018 Vestry Meeting

Our annual Vestry meeting was held on a snowy Sunday, February 11th. The meeting opened with a hymn and a prayer for God's guidance.

Christina Sackeyfio was appointed the Vestry Clerk.

Reverend Julie summarized her Incumbent's Charge, mentioning changes (past and for the future). Bishop Jenny has asked the parish to be part of a two year program aimed at transforming the life of the parish to make the church more missional.

The wardens reviewed recent work, noting that parts of the chancel floor and baptismal font floor were refinished.

Two people's wardens were elected:

- Tunde Ogunleye & Felix Ayeni (Deputy)

Two Rector's wardens were announced:

- Faith Henry-Mayers & Premod Kanjirappalil (Deputy)

Carolin Hwozdyk, our Treasurer presented the financial statements for 2017. Our income for 2017 exceeded the budget amount by \$6800 and our expenses were under budget by \$1160. The budget for 2018 was approved.

Volunteer positions were confirmed by the vestry for 2018 with some positions available for additional volunteers. A healthy parish has all members participating in the work and service in areas which utilize their unique skills and interests.

The parish considered and approved a motion calling on all levels of government to work together to build and sustain affordable housing for all people.

The meeting closed with the Grace.

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## Dates for the Calendar

Ascension Day	Thursday, May 10	Next <i>HeartBeat</i> Deadline	Sunday, June 10
Jerusalem Sunday	Sunday, May 13	Next <i>HeartBeat</i> Publication	Sunday, June 24
Pentecost	Sunday, May 20		
Trinity Sunday	Sunday, May 27		

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## Getting in touch

The Church is located on the west side of Kennedy Road in Brampton, just south of Sandalwood Parkway. Phone: 905-846-2347. Website: [www.holyfamilybrampton.ca](http://www.holyfamilybrampton.ca). Email: [info@holyfamilybrampton.ca](mailto:info@holyfamilybrampton.ca). Incumbent: Rev. Julie Meakin. Editor, *HeartBeat*: Ian McHaffie - 905-846-0567 or [mchaffieian@mac.com](mailto:mchaffieian@mac.com). Assistant Editor: Faith Henry-Mayers ( [faith5684@hotmail.com](mailto:faith5684@hotmail.com) or 905-495-8031). *HeartBeat* team member: Joy Forrester 647-205-6581 or [joyforrester@icloud.com](mailto:joyforrester@icloud.com).