



HeartBeat



May 31, 2015

Trinity Sunday

HeartBeat is the Newsletter of
The (Anglican) Church of the Holy Family,
Heart Lake, Brampton, Ontario, Canada

Dear Friends,

We are already at the end of May and summer will soon be upon us. Students will be graduating, looking forward to a new chapter in their lives, families will be planning holidays, Canadians will be enjoying the gift of creation in many ways.

Just as we live with the rhythms of the seasons and of the school year, we also live with the rhythm of the liturgical year.

With our celebration of Pentecost we finished the first half of the church year in which we mark the momentous events of the life, death, and resurrection of Jesus, his ascension, and the coming of the Holy Spirit.

We then move into the Season of Pentecost for the second half, in which we take the significance of those events into our daily lives, working out what it means to live as disciples of Jesus in 2015, and allowing the wonder and mystery of our faith to sink into us ever more deeply.

The early Christians faced many trials and difficulties as they spread the Gospel, but the power of the Holy Spirit was working in and amongst them.

Pentecost gives us an opportunity to reflect on the presence of the Holy Spirit in our lives. Is the fruit of the Spirit growing in our lives? (love, joy, peace, patience, kindness, gentleness, fidelity, self-control). Are we attentive to the way the Spirit is guiding us? And, are we open to the ways the Spirit is equipping us to join in the ministry of Christ as his Church? In some churches the readings end with "Hear what the Spirit is saying to the Church."

What is the Spirit saying to us at Holy Family?

In January we asked Holy Family to indicate the kind of ministries and priorities we wanted to pursue. There is a summary of those on page 2. Accessibility was one, as was children and youth ministry. Spiritual growth and the church building were also high priorities.

On Ascension Sunday we heard Luke tell us, "While he was blessing them, he withdrew from them and was carried up into heaven." Jesus continues to bless us in many ways at Holy Family.

In the past year, new families have joined and former members are returning. There is a renewed energy and vitality present which we can continue to build on.

There is also a deep sense of community in which people care for one another. This was seen in the response to the funerals we had in March and April and the way people pulled together to show hospitality and Christian compassion. It is seen in the love shown to those who are grieving and going through difficult times.

We are blessed with a strong leadership team, a vibrant music ministry, the pastoral care of Deacon Judy, as well as with many dedicated and committed parishioners.

There is great potential for growth in many ways for us at Holy Family. There are the priorities we highlighted in January. We are working on a new website and a social media presence which will

continued on page 2

Dates for the calendar

Advisory Board	June 16	Garage Sale	June 27
Int'l Extravaganza	June 6	Baptisms	June 28
Community BBQ	June 20		

A Note from the Editor

Welcome to the new look *HeartBeat*. As an experiment, we are printing in colour. One per family. Reactions welcome.

Ian McHaffie, Editor

Contact points

The Church of the Holy Family is located on the west side of Kennedy Road in Brampton, just south of Sandalwood Parkway. The phone number is 905-846-2347. The website is www.holyfamilybrampton.ca. Email to: info@holyfamilybrampton.ca. The Incumbent is Rev. Julie Meakin. The Editor of HeartBeat is Ian McHaffie who may be reached at mchaffieian@mac.com or 905-846-0567. The Assistant Editor is Faith Henry-Mayers who may be reached at faith5684@hotmail.com or 905-495-8031.

continued from page 1

launch in the fall. Almost every Sunday new people come and join with us as we say,

“Glory to God, whose power working in us, can do infinitely more than we can ask or imagine.” (Ephesians 3:20)

That is an astounding thing to say, to believe, and to practice.

It means nothing is impossible when it is led by the Holy Spirit.

For St. Paul this was his lived experience, and may it be ours as well.

I ask you to pray for the leading of the Holy Spirit as we move into the work that God is calling us to do, and I wish you all a safe and happy summer.

Blessings and peace,

Rev. Julie +

Parish Vision

In January we asked for input to get a sense of where Holy Family’s priorities were. These were recorded on the chart paper that was posted on the walls of the church. Physical Plant and Spiritual Growth had the highest number of red dots (High priority).

Outreach	Communication and Community Visibility	Spiritual Growth	Family and Youth Ministry	Physical Plant
<ul style="list-style-type: none"> • English as a Second Language Lessons • Support for Abused Women • Volunteer as a Parish in the Community (Knight’s Table, Regeneration) • Learning Help Centre for students 	<ul style="list-style-type: none"> • Who except Anglicans know we are here? • What does the community need from us? • Go Choir Caroling • Have events in our front yard • Advertise • Invite neighbours • Choir can sing in the public square • Participate in public policy discussions 	<ul style="list-style-type: none"> • Bible Study • Prayer Group • Meditation • Parish Retreat (full weekend) • Senior’s Club • Focus on youth 	<ul style="list-style-type: none"> • Youth band • Adults can share their knowledge • Welcome Dinner for Newcomers 	<ul style="list-style-type: none"> • Accessibility • Choir Room • Prayer Room (Chapel) • More Space • Repair Roof • Paint! • Update bathrooms • New Doors

- What do we need in terms of human resources in order to see these happen?
- What do we need in terms of space?
- What do we need in terms of financial resources?

Let’s continue to pray with open minds and hearts as we discern where the Holy Spirit is leading us as we move forward into the future. Your presence and participation is always welcome at Ad-

visory Board Meetings (3rd Tuesday of the month). Also feel free to speak to a warden or myself.

Rev. Julie +

Servers’ Training

In February, Deacon Judy trained five new young people as servers and gave the existing servers a “refresher.”! The new servers are: Marlon, Anthony, Miranda, and Alanna Pelay, and Jessica Singh. Jeremy Pelay, proud dad, offered to be a crucifer as well.

Once servers have some experience and are 16 or older they can train to be thurifers – preparing the incense for use at a service. Anyone interested in becoming a server or crucifer please speak to Deacon Judy.

Why Holy Family?

Readers may remember that Rev. Julie has invited members of the congregation to respond to various questions. Sheila Lee responds.

What brought you to Holy Family? On the 1st anniversary of my husband’s death, I needed the solitude, peace and comfort of a church.

What keeps you here? The feeling of belonging in an environment that was familiar to me since my youth.

What word or phrase best describes Holy Family? The camaraderie. I love seeing so many people like myself who have left their home-

land to start a new life here in Canada. True, there are many here who were lucky enough to be born in Canada, but I feel accepted.

How does your Christian faith challenge and/or support you? It gives me continued happiness to be part of the congregation, and challenges me to believe when I have problems they can be overcome and supports me when I feel low.

What book are you reading right now? Nora Roberts -- *The Calhoun Women*. It reminds me so much about Ireland where my Father was born, and where I visited my grandparents as a young child before World War II.

Warden Change-Up!

Nathan John stepped down after three years of dedicated, hard work as People's Warden. Nathan brought many skills to the role – organizational, financial, technical, and also has a heart for people. He has been a great team player and made a significant contribution to the well-being of Holy Family. We thank Nathan for his commitment to the parish “behind the scenes” during this time and wish him all the best!

On Sunday May 3rd, Tunde Ogunleye was elected People's Warden and Craig Carr was elected Deputy People's Warden.

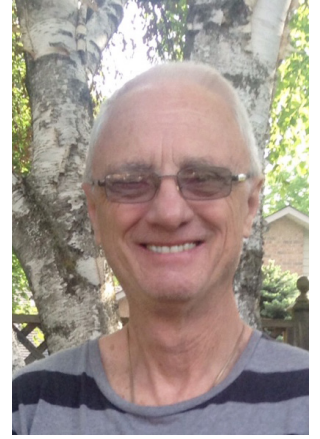
Craig is a 49 year member of the Steamfitters Union, Local 49, and still maintains he connection there. He has a background in

construction. He has two daughters and four granddaughters. He enjoys golf and traveling.

Craig's wife Sharon is an active member of Holy Family as well.

We welcome Craig to the management team and look forward to working with him.

Rev. Julie+ and the Wardens



Bishop Philip Poole visited Holy Family in March.



The Junior Choir, led by Justine Rowbotham, their leader, sang an Anthem during the Bishop's visit.



We recently welcomed back Rev. Dawn Gilby —and will see her again during the summer. Here with the indefatigable Deacon Judy Allen.

These photos by Norma Deacon.

Website update

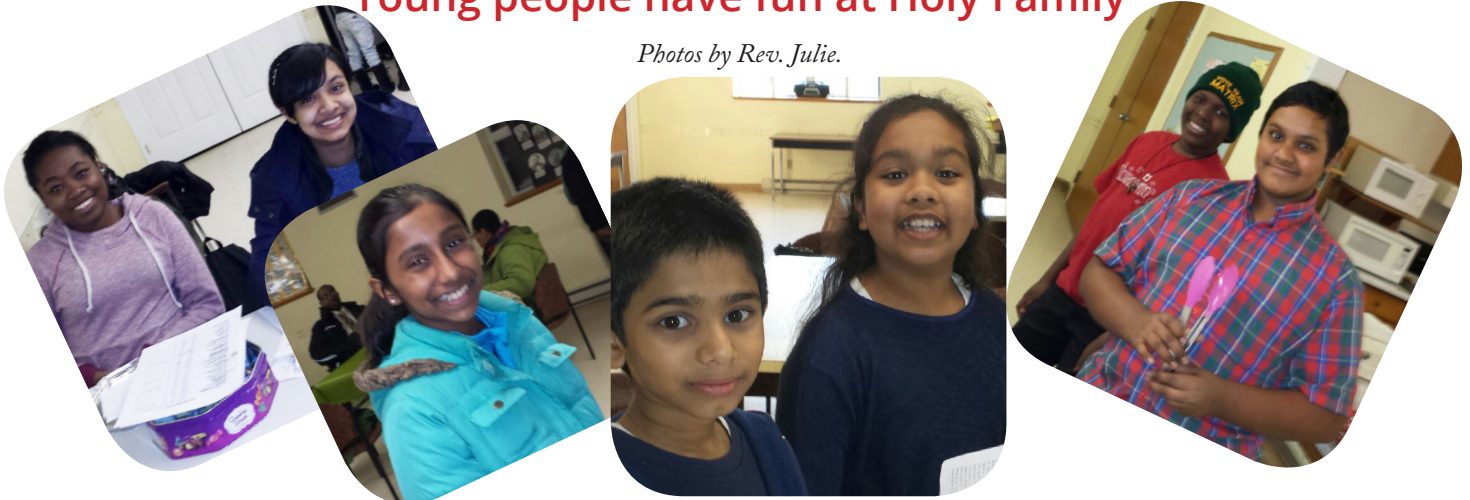
The Church of the Holy Family is in the process of updating the website. The Church has been selected by the Diocese as part of a project to raise the profile of the Diocese and its parishes on the Internet. There will be some expense involved in this project, but 90% of the site development cost will be assumed by the diocese.

Rev. Julie and Ian McHaffie went to a meeting in early May and

later in the month a group of five people (Rev. Julie, Ian, Johnson Adapanamkandathil, Carolin Hwozdyk and Ozell Walcott) met with the website developer to set out the objectives and describe the audience for the site. Christina Sackeyfio is also part of the group. If you would like to become more involved in this important project, please speak to Rev. Julie.

Young people have fun at Holy Family

Photos by Rev. Julie.



Stir-up Sunday — Time marches on! A little piece of liturgical (and gastronomic) history

This article was written by Ian McHaffie, with assistance from Fr. David Brinton, Vicar and Sub-Dean at the Cathedral and former Incumbent at Holy Family.

For most of the 460+ years, since the publication of *The Book of Common Prayer* in 1549, the collect for the last Sunday before Advent was “Stir up, we beseech thee, O Lord, the wills of thy faithful people; that they, plenteously bringing forth the fruit of good works, may of thee be plenteously rewarded; through Jesus Christ our Lord. Amen.”

Over time this became known as “Stir-up Sunday”, and a tradition developed of people starting or “stirring up” their Christmas Puddings on that day. As those who have made their own Christmas Puddings know, several weeks are needed for all the flavours to mingle, so late November is a good time to start.

One of the changes made at the 2nd Vatican Council (1962 - 65),



was shifting the celebration of the Feast of Christ the King (or as the *BAS* puts it, The Reign of Christ) to the last Sunday before Advent, where it serves as a summing up of the whole year, just before the start of the new year with the First Sunday of Advent.

This change was widely adopted beyond the Roman Catholic Church which is why the Anglican Church (and therefore the *BAS*) follows the pattern.

The “Stir up” Collect was no longer in the appropriate place in the church calendar, but, on the other hand it was much loved. So it was not completely left out but moved to September (*BAS* p. 378). That’s a bit early for stirring up a pudding for late December eating, but the new late November collect is more appropriate the Feast and the season.

Four brief items

Summer Holidays

Rev. Julie will be on holidays from June 30th until July 21st, and from August 10th – 17th. The Rev. Dawn Gilby will be here.

Pre-Authorized Remittance

Please consider Pre-Authorized Remittance – forms are available at the back of the church or speak to a warden for more information.

Our Faith-Our Hope

The Campaign is coming to an end, so would you consider directing those givings to our Capital Fund?

Holy Family Scholarship Fund

Are you graduating from high school this June? Please let the church office know!

There is a gift waiting for you....

Photo directory

1. Phase 1 of the Photo Directory is complete. Please look at your photo and address and ensure the listing is right. If not, please use the last page for corrections,

2. More photos will be taken by Dave Winfrow on June 14, and some revised pages will appear shortly thereafter.

3. If you have a question or problem about the directory, please see me on June 14. Changes or error corrections should be in writing (either email or note in the Narthex).

4. The printing costs turned out to be **much** less than anticipated, with the result that those who paid for printed version (with or

without covers) paid about \$4 too much! A full set of accounts has been given to Rev. Julie and the Treasurer. There appear to be 3 possibilities for the over payment: a. Money back; b. A \$4 (receipted) gift to Holy Family; c. Forget about it. If you want a. or b., please tell me. If I don’t hear from you by June 14 (my next day in church), I shall assume c. All the over-payments are now in the Church accounts.

5. When the overpayment situation was explained to the Advisory Board, the suggestion was made that the photos, with names, be put on an electronic picture frame in the Narthex, running as a slide show on Sundays. Reactions (pro or con) to this suggestion are most welcome.
Ian McHaffie

What is Godly Play?

Godly Play is an approach to faith formation that helps children discover God for themselves. It connects the stories of God’s people with the child’s own experience and relationship with God. It helps children become more aware of the mystery of God’s presence in their lives. A biblical story is presented, and the storyteller

asks the children “I wonder” questions which are open-ended.

I look forward to sharing this way of nurturing the spiritual growth of children at Holy Family.

Rev. Julie +

Helping Each Other

Looking for an Avon lady? See Catherine Barker if you would like a free catalogue! ccsinger@live.com or 647-238-9903.

From the Editor: If anyone wants a few lines in HeartBeat, please get in touch. Space permitting, we’ll include a note.